14th Folkestone Rotary Half Marathon







Sunday September 29th 2019 at 10.00 am

Plus Children's Race at 9:30 (before the main start)

Held under UK Athletics Rules. Licence applied for.

13.1 miles, from Folkestone to Hythe & back, mainly flat promenade & mainly traffic free. Race organised by Folkestone Rotary Club (Charity no: 266883) in support of local and international charities. The 2019 race will raise funds for The Fifth Trust.

Participants are encouraged to run for their chosen charity. No headphones permitted.

** Medal to all finishers ** Spot prizes ** Chip timing ** Souvenir Tech Shirt available to purchase **

** Changing Facilities ** Refreshments ** Massage ** Shop **

Prizes/trophies for winners. Medal to every finisher plus spot prizes

Prizes: £100 for 1st Man and 1st Lady finisher (sponsored by Independent Insurance Services)

2nd, 3rd Males, First Male Junior, Senior & Vet Categories 1-7, 1st Male Team (3 to score) 1st Male Corporate Team 2nd, 3rd Ladies, First Lady Junior, Senior & Vet Categories 1-7, 1st Lady Team (3 to score) 1st Female Corporate Team **Venue:** The Leas, near The Grand, Folkestone, Kent CT20 2XL

ENTRY FEE: £20.00 attached £22.00 unattached £25 after 22^{nd} September and on the day. Children's Race £3.00 Race numbers will be sent around two weeks before race day. Entries after September 25^{th} to be collected on the day.

ENTRY LIMIT: 1,000. CLOSING DATE: for postal entries September 24th 2019

PLEASE ENCLOSE: large SAE. CHEQUES: Payable to 'Folkestone Rotary Club'

POSTAL ENTRIES TO: Folkestone Half Marathon, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sus

POSTAL ENTRIES TO: Folkestone Half Marathon, Nice Work, Teviot, Malthouse Lane, Peasmarsh, East Sussex TN31 6TA. Entries available on the day, subject to race limit not being reached.

Enquiries/more information: 01797 229955 Race website www.folkestonerotary.org
FOR LINKS TO ENTER ONLINE, PLEASE VISIT www.nice-work.org.uk

Please enter me for the Half Marathon [] Children's Race [] Please reserve me a souvenir technical t-shirt - Add £10.00 to your entry fee Sml / Med / Lrg / XLrg SURNAME FORENAME DATE OF BIRTH AGE ON 29/09/2019_____ Sex: Male/Female (delete as applicable) ADDRESS Post Code TELEPHONE NO____ EMAIL ADDRESS___ RUNNING CLUB/CORPORATE TEAM __ __Affiliated Yes/No. Estimated Time IF YOU ARE RAISING MONEY FOR CHARITY, HOW MUCH DO YOU EXPECT TO RAISE AND FOR WHOM? NAME OF CHARITY: _ I declare I will be over 17 years of age on 29/09/2019 and I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshalls and organiser's instructions and will not wear headphones. I understand that the fee is not refundable and that race numbers are not transferrable. UNDER THE TERMS OF THE GENERAL DATA PROTECTION REGULATION (EU) 2016/679 ("GDPR") WE ARE REQUIRED TO INFORM YOU THAT THIS INFORMATION WILL BE HELD ON COMPUTERS FOR THE PURPOSES OF RACE ADMINISTRATION. You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, occupation and age category. We would like to send you information about future Folkestone Rotary Half Marathon races but require your consent to do so. If you do wish to receive future information about the Folkestone Rotary Half Marathon please tick here \square SIGNATURE......DATE..... www.folkestonerotary.org



